

HOPE HALL FOUNDATION SCHOOL

2013-14

10.8.2013

Dear Parent

In our continuous attempt to give our children a healthy and joyful environment to make learning a pleasant experience we also do not overlook the possibility of making them grow and develop into beautiful and healthy individuals. And our first step towards it is the induction of a very renowned dietician Mrs. Sandhya Gugnani, a name known in the media world for her frequent appearances on television channels for various talks on diet and nutrition. The mid day meals served in our school are prepared under her expert guidance and supervision to make it a very nourishing yet palatable one for our young children

Please find the observations and the advice of our Dietician with regard to your ward's growth and development status.

Principal

Name

Class/Section

Observations: Underweight/ Overweight / Normal/need to be careful

Class Teacher

A Changing World

In today's fast shrinking world **Convenience, packed and processed foods dominate; the majority of meals are made up of packed lunches, restaurant food, a sandwich, burger, pizza . . .**

Schools / Institutions across the world have recognized the correlation between diet and work efficiency. The mid- day meal concept has now become the hub of a dietary revolution that needs to provide healthy, nutritious, balanced meals to children.

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